

Round the Island Race

Saturday 1st July 2023

Onboard Race Pack



For more information and full entry details visit

www.roundtheisland.org.uk

or call the Island Sailing Club on 01983 296621









Race Organiser Race Clothing Partner

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Thank you for entering the Round the Island Race 2023



It is a great pleasure to welcome you all to the 86th Round the Island Race. I would also like to extend my gratitude to the Race Partners, supporting Authorities and all the volunteers who help to make this event such an annual success for the Island Sailing Club, together with our many thousands of competitors.

This year we welcome Elliott Brown Watches as a new race supporter who is kindly providing additional prizes for some of the major trophy winners as well as donating a watch to the competition.

If you have not already entered this year's competition with its incredible prizes, you still have time to do so as this year entry will remain open until the 4th July. Details of how to enter and the prizes to be won can be found on the Race Website. The competition is open to crew members as well as skippers of boats entered.

This year our Official Charity for the race, The Ellen MacArthur Trust, is celebrating its 20th anniversary. My thanks go to those who have already donated through the entry system but I encourage those of you who have not already done so to give to this worthy cause. The Trust has entered four boats with Ellen herself helming one and over twenty youngsters will be on the water benefitting from the Trust. It would be nice if the race could produce a record contribution in this special year for them.

The Island Sailing Club takes the safety of the race very seriously and we urge you to do the same. Please read the Safety Booklet, Notice of Race and these Sailing Instructions carefully and make yourself aware of any changes or additions. One important addition this year is a warning about the new shingle bank that has appeared off Hurst. I would also like to remind you that it is mandatory for your boat to be able to be tracked so please make sure that you have registered your devices (mobile phone or AIS) and ensure that they are switched on during the race.

If you do not race regularly please re-aquaint yourself with the Racing Rules of Sailing or, if these are unfamiliar to you, read our Layman's Guide to them which covers most of the situations likely to be encountered as you go round.

The weather plays a very important part in this race. Daily forecasts will be put on the website from Tuesday, 27th June and, so that as many competitors as possible have access to our weather briefing on Friday 30th June, we will be streaming it from the race website at 1800 that day. It will also be available to replay shortly afterwards.

It will be a long day on the water so remember to have plenty of drinking water and sunscreen on board and please keep the waters round our beautiful Isle of Wight "green" by taking all your rubbish home with you.

Sail safely, enjoy your day and I look forward to meeting as many of you as possible in the Island Sailing Club over the race weekend.

Yours sincerely,

Tim Devlin

Commodore, Island Sailing Club





ISLAND SAILING CLUB NOTICES

Club Pontoon Restriction

For safety reasons, competitors may not use the club pontoon on the day of the race for mooring or to embark/disembark personnel. The club pontoon will be reserved exclusively for club launches and authorised support vessels.

Ambulance Casualties

Non-urgent ambulance casualties should be landed at Trinity Landing, off The Parade, unless otherwise directed. Call the Coastguard on VHF Channel 16 to report intentions and arrange for an ambulance, and inform the Island Sailing Club on VHF Channel 22 or telephone 01983 296621.

NAVIGATION AND SEAMANSHIP

International Regulations and Byelaws

Attention is drawn to the International Regulations for Preventing Collisions at Sea and to the byelaws and Local Notices to Mariners (LNTM) issued by Associated British Ports Southampton, King's Harbour Master, Portsmouth and Cowes Harbour Master, Cowes which can be found on the Island Sailing Club website at https://members.islandsc.org.uk/racing/racedocuments. These apply at all times of the day and night and shall govern the behaviour of all competitors with respect to other pleasure craft and all commercial vessels.

Area of Concern

The following is an extract from ABP Southampton Harbour Byelaws 2003:

- 11.(1) In this byelaw –"the Precautionary Area" means the main navigable channel which lies between an imaginary line drawn between Prince Consort and South Bramble buoys and an imaginary line drawn between Black Jack and Hook Buoys;
- "Moving Prohibited Zone" means an area extending 1000 metres ahead and 100 metres either side of any vessel of over 150 metres length overall while it is navigating within the Precautionary Area
- (2) The master of a small vessel shall ensure that the vessel does not enter a Moving Prohibited Zone.
- (3) For the purpose of indicating the presence of the Moving Prohibited Zone, the master of any vessel of over 150 metres length overall shall display on the vessel, where it can best be seen, by day, a black cylinder, and, by night, 3 all round red lights in a vertical line.

Restricted Anchoring

Boats are warned not to anchor or kedge in the area marked on charts by lines from Egypt Point to Stansore Point and from Thorness Bay to Inchmery House, where there are high-tension cables and gas pipes on the sea bed.

New Shingle Bank In West Solent

Boats are advised to proceed with caution off Hurst Point where a new shingle bank in position 50° 42.50N 001° 32.83W has appeared and depths in this area are subject to change.

NEEDLES HAZARDS WARNING

COMPETITORS SHOULD MAKE THEMSELVES AWARE OF THE POSITION OF THE SHALLOW ROCK LEDGE WHICH EXTENDS APPROXIMATELY 250 METRES WSW OF THE NEEDLES LIGHTHOUSE AND OF THE DANGEROUS WRECK WHICH LIES SCATTERED OVER THE LEDGE. ANOTHER HAZARD, GOOSE ROCK, LIES APPROXIMATELY 75 METRES TO THE WNW OF THE LIGHTHOUSE. COMPETITORS ARE ADVISED TO NAVIGATE WELL CLEAR OF THESE DANGERS.

Area of Particular Care - The Forts

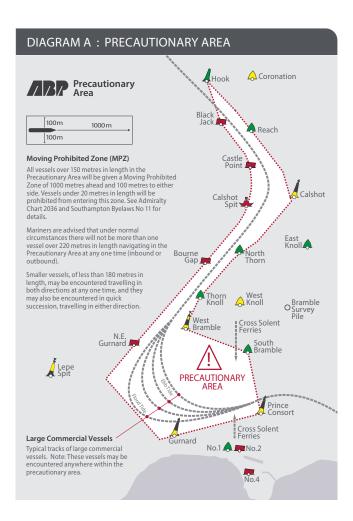
Competitors are referred to the notes in the Safety Booklet about passing No Man's Land Fort and of the extensive wind shadow in its lee.

Avoid Fishing Gear

Competitors are reminded of their individual responsibility to avoid damage to fishing gear and should keep a special look out for markers of such gear.

Dive Sites

Competitors should be aware of a number of Dive Sites in the Western Solent, which are marked with small yellow buoys. See the Safety Booklet for further information.





High Water Portsmouth: 1022 and 2244. All times are BST.

1 RULES

- 1.1 Racing will be governed by the 'rules' as defined in the Racing Rules of Sailing (RRS) with Royal Yachting Association (RYA) Prescriptions, together with, as appropriate: the World Sailing (ISAF) Offshore Special Regulations for Category 4 (modified), the IRC Rules Parts A, B & C (including sail limitations, but excluding rule 22.4 except for boats rated as one designs), the MOCRA Rating Rule, the Island Sailing Club Rating System (ISCRS), the Class Rules for boats entered in a one design class, the Notice of Race (NoR) and these Sailing Instructions (SIs).
- 1.2 Where there is conflict between a rule in the Notice of Race and one in the Sailing Instructions, the Sailing Instructions will prevail. This changes RRS 63.7.
- 1.3 Advertising will be as detailed in NoR 7.
- 1.4 The "Moving Prohibited Zone" referred to in the Southampton Harbour Byelaw 2003 No. 11 and SI 8.3.3 shall rank as an obstruction to boats racing (see Diagram A).
- 1.5 All boats shall comply with Southampton, Portsmouth, Cowes and any other relevant Harbour Byelaws, where applicable.
- 1.6 Boats racing shall use all reasonable endeavours to avoid contact with navigation buoys, whether marks of the course or not. In the case of contact, whether or not leading to damage to the buoy, the circumstances of the incident and details of any damage shall be reported to the race committee within the protest time limit. RRS 31 and 44 shall remain in force. If the navigation buoy has been damaged the race committee may protest the boat. If a boat is forced by the actions of another boat to collide with a navigation buoy her only remedy is to protest.

2 CHANGES TO RACING RULES

- 2.1 RRS 32 is changed in that the Race will not be shortened.
- 2.2 RRS 44 will not apply. Provided that she has not caused injury or serious damage or, despite taking a penalty, gained a significant advantage in the Race, a boat that may have broken RRS 31 or a rule of RRS Part 2 may accept a time penalty of 2% of her elapsed time rounded to the nearest second (see SIs 14.1 and 14.2).
- 2.3 Under World Sailing Test Rule DR21-01 the definition Start is changed as follows:
 - **Start** A boat starts when her hull having been entirely on the pre-start side of the starting line, and having complied with rule 30.1 if it applies, any part of her hull crosses the starting line from the pre-start side to the course side either a) at or after her starting signal, or
 - b) during the last 30 seconds before her starting signal.
 - When a boat starts in accordance with item (b) of the definition **Start**, she may return to the pre-start side of the line to comply with item (a) of the definition **Start**, but if she does not the starting penalty shall be
 - (i) where the race committee decides that no significant advantage has been gained, 5% of the boat's elapsed time, rounded to the nearest second, added to her elapsed time.
 - (ii) where the race committee decides that a significant advantage has been gained, she will be scored OCS.

This also changes RRS Appendix A 5.1.

- 2.4 If the Race Committee sees an infringement by a boat of any of the following Rules: RRS 42 (Propulsion), SIs 2.6, 3.1, 3.2, 3.3, 3.4, 4.4, 8.3.4, 9.1, 9.2.5, 10.2.2 or 12.2, it may disqualify the boat without a hearing. A boat so penalised shall be entitled to a hearing on request. This changes RRS 63.1.
- 2.5 The Protest Committee may waive any penalty if it decides that a boat has infringed a rule, other than a rule of Part 2 (When Boats Meet), if the infringement has had no significant effect on the outcome of the Race. This changes RRS 64.1(a).
- 2.6 Boats that have not been given prior approval under Notice of Race 3.4, and are in breach of RRS 77 and Appendix G, may be disqualified without a hearing. This changes RRS 63.1
- 2.7 Other changes to the RRS are included in SIs 6.3, 9.3, 10.1.1, 10.1.2, 10.2.1, 13.2, 15.1, 15.2, 15.3 and 15.4.

3 SAFETY

- 3.1 Anchors stowed on deck shall not protrude over the bow. Except on trimarans, outboard engines shall not be tilted up so as to protrude beyond the transom. Dan buoy flags shall be rolled up so as not to be visible (see NoR 6.11 and 6.12).
- 3.2 All boats shall comply with RRS 1.2 and the requirements for their Class. It is also recommended that a safety harness for each crew member should be carried on board and worn in foul weather.
- 3.3 When flag "Y" (yankee) is displayed, competitors shall wear lifejackets when afloat and for the duration of the Race (see RRS 40).
- 3.4 All boats shall carry an operational marine VHF radiotelephone equipped with VHF Channels 16, 22, 69 and 72.
- 3.5 Boats failing to observe the conditions of SI 3.1, 3.2, 3.3, and 3.4 may be disqualified without a hearing (see SI 2.4). Photographic evidence may be used for boats failing to comply with these conditions.
- 3.6 In accordance with RRS 42.3(i), a boat may use its engine in order to avoid collision with commercial shipping, provided that the circumstances that led to her use of the engine were entirely outside her control and she does not gain a significant advantage in the Race. Any use of an engine must be reported to the Race Committee on a special form at Cowes Combined Clubs (CCC), Regatta House, Bath Road, Cowes. A boat taking advantage of this rule is not eligible to declare by Text Message (see SI 16.2).

4 ELIGIBILITY

- 4.1 A boat is eligible to race in accordance with the requirements of the Notice of Race.
- 4.2 Upon demand, the owner/person in charge of a boat shall present proof of current membership of the Class Association where appropriate.
- 4.3 Upon demand, a boat's valid insurance certificate shall be presented at the Race Office located at the Island Sailing Club, Cowes (see SI 22 g).
- 4.4 Random safety inspections will be carried out both before and after racing to check compliance with the Notice of Race and the Sailing Instructions. A boat that either refuses an inspection or fails to give all reasonable assistance to an authorised inspector may be disqualified without a hearing.



- 4.5 Boats shall, while racing, display from the backstay (or stern if no backstay is fitted) any class identification flag assigned by the Island Sailing Club. Colour Fleet flags are no longer required to be displayed by Boats. Fleet and class identification flag assignments are shown in Table 1.
- 4.6 The sail number dodgers referred to in NoR 6.15 should be displayed when approaching the finishing line on the aft port quarter of the boat for those finishing on the North line and the aft starboard quarter for those finishing on the South line. A held up white board or sheet with stencilled or stuck on large black or blue letters will also be acceptable. Gaffers are requested to use shroud boards if possible.

5 COMMUNICATIONS WITH COMPETITORS

5.1 Notices to Competitors

Notices to competitors will be posted on the Internet at www.roundtheisland.org.uk and on the Official Notice Board located outside the Race Office in the lower marquee at the Island Sailing Club (ISC).

5.2 Changes to Sailing Instructions

Any changes to the Sailing Instructions will be posted on the Official Notice Board before 1500 on the 30th June 2023 and on the Internet at www.roundtheisland.org.uk At the same time, changes will be indicated by displaying IC flag L from both the Island Sailing Club and the Royal Yacht Squadron (RYS) gatehouse flagstaffs, together with the numeral pennant denoting the latest amendment. It is the responsibility of all competitors to obtain the amended written instructions from the Race Office at the Island Sailing Club. or from the event website.

5.3 Radio Communication

The Race Committee will communicate race information to competitors on VHF Channel 22. No acknowledgement to these announcements will be required and no return traffic will be acknowledged with the exceptions stated in SI 11.1 (Retirements), SI 14.3 (Penalty System) and SI 15.1 (Protests). After making a call on the race VHF radio Channel 22, competitors should ensure that the press to transmit switch has been released.

5.4 Time Check

A time check signal will be broadcast 30 minutes before the first scheduled start on VHF Channel 22.

5.5 Race Mobile Communication

The Race Committee may additionally communicate race information to competitors on the Race Mobile Phone referred to in NoR 6.7.

6 SIGNALS MADE ASHORE

6.1 Starting Signals

Starting signals will be made from the Royal Yacht Squadron.

6.2 Postponement

Flag AP accompanied by two sound signals means that the scheduled starts of all races not started are postponed. Detailed instructions will be given on VHF Channel 22 (see SI 9.2 Special Waiting Areas).

6.3 Abandonment

- 6.3.1 Flag N over A alone accompanied by three sound signals will mean that ALL Classes are cancelled and will NOT be resailed. This changes RRS Race Signals – Flag "N".
- 6.3.2 Flag N over A over the cancellation International Code Numeral allocated to the Class as shown in Table 1, accompanied by two sound signals, will mean that the race for that class is cancelled, together with all classes with a lower cancellation code, and will NOT be re-sailed. This changes RRS Race Signals Flag "N".
- 6.3.3 The Race Committee will additionally inform all boats in the cancelled classes in accordance with Sailing Instructions 5.3 and 5.5.

7 CLASS FLAGS

Fleet flags, Class Identification flags and Class Cancellation IC Numerals as shown in Table 1 will be displayed by the Race Committee when appropriate.

8 THE COURSE

8.1 Course Area

Round the Isle of Wight.

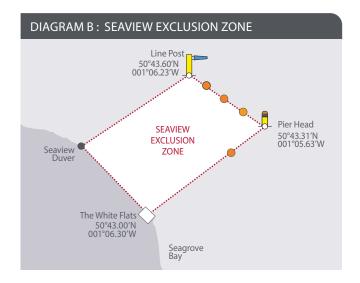
8.2 Course

Boats shall cross the starting line to the Westward, round the Needles Lighthouse, pass St. Catherine's Point, round Bembridge Ledge Buoy, with all marks being left to PORT and finish by crossing the CORRECT finishing line for their fleet from East to West.

8.3 Prohibitions

- 8.3.1 Boats shall not pass inside the outer row of small craft moorings to the west of Yarmouth Harbour entrance.
- 8.3.2 Boats shall not pass to the North of either Horse Sand Fort or the obstructions of the row of iron piles off Durns Point, East of Lymington.
- 8.3.3 Boats shall not enter the "Moving Prohibited Zone" referred to in Southampton Harbour Byelaw 2003 No 11 (see SI 1.4).
- 8.3.4 Boats shall not enter the exclusion zone off Seaview.
 - a) The exclusion zone consists of a box originating from the shoreline at the North end of Seagrove Bay (the white flats) in approximate position 50°43.00′N, 001°06.30′W, out to 'Pier Head' which is a yellow cylindrical buoy with black band and orangetop (inapproximateposition 50°43.31′N,001°05.63′W), NW to the 'Line Post' which is a yellow post with blue windsock (in approximate position 50°43.60′N, 001°06.23′W), then directly back to the shoreline at Seaview Duver. One orange inflatable will be laid on the Eastern side of the box and three orange inflatables will be equally spaced between Pier Head and the Line Post on the Northern side of the zone (see Diagram B).
 - b) Boats seen to enter the Exclusion Zone will be scored with a time penalty of 5% of the boat's elapsed time rounded to the nearest second, unless the Race Committee decides that the boat has gained a significant advantage in the Race, in which case she may be disqualified without a hearing (see SI 2.3).
 - c) RRS 60.1 is changed in that only the Race Committee can protest for infringements of SI 8.3.4 a).





9 THE START

9.1 Boats whose fleet warning signal has not been displayed shall keep well clear of the starting line. Boats failing to do so may be disqualified without a hearing (see SI 2.4).

9.2 Special Waiting Areas (see Diagram C)

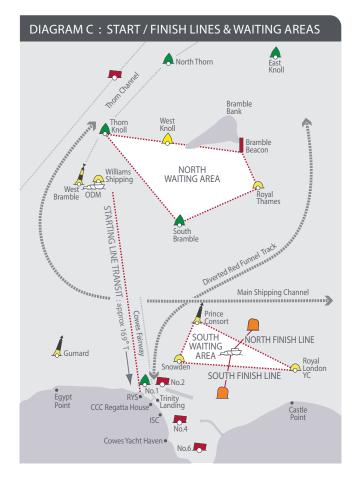
- 9.2.1 In collaboration with ABP Southampton, two areas clear of the deep-water channel have been designated for boats waiting to start.
- 9.2.2 Boats shall endeavour to stay within these areas until shortly before the starting sequence for their class. In the event of a postponement, the postponed class/classes shall clear the deep-water channel and proceed immediately (under power if necessary) to the nearest designated waiting area where they should remain until the starting sequence is resumed.
- 9.2.3 The North waiting area is bounded by imaginary lines between South Bramble, Thorn Knoll Buoy, the Bramble Beacon and Royal Thames.
- 9.2.4 The South waiting area is bounded by imaginary lines between Prince Consort, Royal London YC Buoy and Snowden.
- 9.2.5 Race Marshals, who will be stationed aboard vessels flying a Race Marshal flag, are members of the Race Committee and will assist in directing competitors to the two special areas designated for boats waiting to start. Boats failing to respond to directions given by Race Marshals may be disqualified without a hearing (see SI 2.4).
- 9.3 The Race will be started in accordance with SI 9.4, which changes RRS 26. The Warning Signal will be the Fleet Flag assigned in Table 1.

9.4 Starting Times

The starting times for classes and fleets are shown in Table 1.

9.5 Starting Line (see Diagram C)

9.5.1 The starting line is formed by bringing the RYS FLAGSTAFF into line with the white line on the ORANGE DIAMOND ON THE CASTLE ROOF. Vertical light beams are installed at the RYS to identify the starting line transit. These light beams are navigational aids only and do NOT constitute the starting line, nor will their failure cause any start to be postponed.



- 9.5.2 The outer distance starting mark (ODM) will be a Committee Vessel, displaying an ISC burgee, attached to the Williams Shipping Buoy, which may not lie on the starting line. In the unlikely event of the Committee Vessel not being attached, the ODM will be the Williams Shipping Buoy.
- 9.5.3 For safety reasons, the outer distance starting mark (ODM) described in Sailing Instruction 9.5.2 shall be the inner distance starting mark (IDM) for certain boats in the Grand Prix Multihull class. Boats to whom this instruction applies who will be contacted by the Organising Authority at least 24 hours prior to the start. All other boats in the Grand Prix and MOCRA Racing Class shall start in accordance with Sailing Instruction 9.5.2.

10 RECALLS

10.1 Individual Recall

- 10.1.1 The Race Committee may broadcast on VHF Channel 22 sail numbers of boats that were OCS and have failed to start correctly. The broadcast will be made as soon as possible after checking but not before one minute after the start. Any failure to broadcast, or delay in so doing, shall not be grounds for redress. This changes RRS 62.1(a).
- 10.1.2 The Race Committee will broadcast on VHF Channel 22 at 1030 and 1130 a list of boats which have been scored with an OCS time penalty or have been scored as OCS (see SI 2.3). In the event of a postponement, the times of these broadcasts may be altered by the Race Committee, and the revised schedule will be notified to competitors on VHF Channel 22.



10.2 General Recall

- 10.2.1 The starting signal for a recalled class will be not less than twenty minutes after the scheduled start of Fleet No 10 Purple. Additional details will be given on VHF Channel 22. This changes RRS 29.2.
- 10.2.2 Boats returning after a General Recall shall keep clear of classes about to start. Boats seen to infringe this rule may be disqualified without a hearing (see SI 2.4).

11 RETIREMENT

- 11.1 Boats are requested to report their retirement to the Island Sailing Club, Cowes at the earliest opportunity by one of the following methods:
 - a) by Text Message (see page 9 for instructions)
 - b) by telephone to 01983 296621
 - c) by VHF Radio on Channel 22 (Call sign "Island Link") between 0945 and 2230 hours only (see SI 5.3).
- 11.2 On retirement from the Race, boats are requested to display an ensign and to keep well clear of boats that are still racing.

12 THE FINISH

12.1 Finishing Lines (see Diagram D)

There are two Finishing Lines which will be situated just North of the East Cowes Breakwater. Boats are required to finish as designated below:

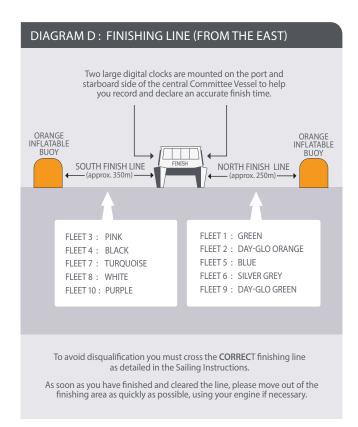
- a) The finishing line for Fleet 1 (Green), Fleet 2 (Day-Glo Orange), Fleet 5 (Blue), Fleet 6 (Silver Grey), and Fleet 9 (Day-Glo Green) will be the NORTH line between a yellow and black striped board on a central committee boat (displaying an ISC Burgee and a blue flag) and a large orange inflatable mark laid approximately 250 metres to the North of the central committee boat. For ease of identification the central committee boat will also carry a large Day-Glo Pink banner.
- b) The finishing line for Fleet 3 (Pink), Fleet 4 (Black), Fleet 7 (Turquoise), Fleet 8 (White), and Fleet 10 (Purple) will be the SOUTH line between a yellow and black striped board on a central committee boat (displaying an ISC Burgee and a blue flag) and a large orange inflatable mark laid approximately 350 metres to the South of the central committee boat. For ease of identification the central committee boat will also carry a large Day-Glo Pink banner.

12.2 Finishing Line Infringements

- 12.2.1 After crossing and clearing a finishing line, a boat that recrosses either finishing line in any direction before the time limit may be disqualified without a hearing (see SI 2.4).
- 12.2.2 A boat crossing the wrong finishing line will be disqualified without a hearing and therefore will not be entitled to receive a prize or a finishing position (see SI 2.4).

13 TIME LIMIT

- 13.1 The time limit for the Race is 2230 hours.
- 13.2 RRS 35 will not apply. Any boat that does not complete the course and finish before 2230 will be scored DNF.
- 13.3 When no boat finishes within the prescribed time limit, the Race will be abandoned and will NOT be re-sailed.



14 PENALTY SYSTEM

- 14.1 RRS 44 will not apply. A boat that may have broken a rule of RRS Part 2 (When Boats Meet) while racing may accept a time penalty, unless she has caused injury or serious damage or gained a significant advantage in the Race in which case she shall retire. The time penalty will be 2% of her elapsed time rounded to the nearest second.
- 14.2 A boat that has broken RRS 31 (Touching a Mark) may accept a time penalty, unless she has caused injury or serious damage or gained a significant advantage in the Race in which case she shall retire. The time penalty will be 2% of her elapsed time rounded to the nearest second.
- 14.3 A boat accepting a time penalty shall:
 - a) Display a yellow flag at the first reasonable opportunity after the incident.
 - b) As soon as possible after the incident, but not before 0945, inform the Race Committee by VHF Radio on Channel 22 (call sign 'Island Link'), or by other means, such as mobile telephone to 01983 296621 or 01983 248004, of her acceptance of the time penalty.
 - c) Report her acceptance and identify any other boat(s) involved to the Race Committee within two hours of her finish or by 2300 on the day of the Race, whichever is earlier. This acceptance shall be lodged on a specific form available at Cowes Combined Clubs (CCC), Regatta House, Bath Road, Cowes.
 - d) Declare at Cowes Combined Clubs (CCC), Regatta House, Bath Road, Cowes in accordance with SI 16.1.



- 14.4 A boat that has not complied with SI 14.3 may acknowledge an infringement before a hearing provided she did not cause injury or serious damage or gain a significant advantage. She will receive a penalty of 5% of her elapsed time, rounded to the nearest second.
- 14.5 A boat seeking to take a time penalty under SI 14.1 or 14.2 which has neither fully complied with the provisions of SI 14.3 nor acknowledged her infringement under SI 14.4 shall be deemed to have retired.

14.6 Limits on Penalties

- 14.6.1 When a boat intends to take a penalty as provided in SI 14.1, and in the same incident has touched a mark, she need not take the penalty provided in SI 14.2.
- 14.6.2 A boat that takes a penalty shall not be penalised further with respect to the same incident unless she failed to retire after causing injury or serious damage or gained a significant advantage in the Race.
- 14.6.3 A boat may only accept one time penalty under SI 14.1 during the Race. After a second infringement, a boat shall either retire or protest and, in so doing, shall make clear her intention to the other boat involved.
- 14.6.4 Any boat that takes a time penalty under SI 2.3, 14.1 or 14.2 will not be eligible for any 'Line Honours' prizes.
- 14.6.5 A boat shall not be scored as having finished outside the time limit solely by the application of a time penalty.

15 PROTESTS

- 15.1 RRS 61.1(a) is changed by adding the following: "The protesting boat shall additionally, as soon as reasonably possible following the incident, but not before 0945, inform the Race Committee by VHF Radio on Channel 22 (Call sign "Island Link"), or by other means, such as mobile telephone to 01983 296621 or 01983 248004, of her intention to lodge a protest. Competitors involved in incidents on or near the finishing line should ensure that notification of their intention to protest is made promptly in order that the boat being protested can be informed as soon as possible.
- 15.2 A protest shall be written on an official ISC form and shall be lodged at Cowes Combined Clubs (CCC), Regatta House, Bath Road, Cowes within 2 hours of her finish or by 2300 on the day of the Race, whichever is the earlier. The Protest Committee may exceptionally extend this time limit. This changes RRS 61.3. A downloadable copy of the protest form is available at rtir.me/protestform
- 15.3 RRS 66 is changed in that a party to a hearing may ask for a reopening no later than 2 hours after being informed of the decision, or by 2300 on the day of the Race, whichever is the earlier
- 15.4 Protest hearings will take place at Cowes Combined Clubs (CCC), Regatta House, Bath Road, Cowes on the day of the Race unless the Protest Committee exceptionally adjourns the hearing. This changes RRS 63.
- 15.5 The Race Committee will broadcast on VHF Channel 22, from 1030 onwards, a list of boats which have notified their intention to lodge a protest and of protested boats (see SI 15.1).

The name and/or sail number of the boats involved will be broadcast on two separate occasions at hourly intervals as soon as possible after each notification has been received by the Race Committee. It is also intended that boats being protested will be informed by Text Message on their preregistered Race Mobile Phone. Boats whose names or sail numbers are broadcast should contact Protest Reception on 01983 248004 when they may be advised to go directly to Cowes Combined Clubs (CCC), Regatta House, Bath Road, Cowes. Failure of the Race Committee to transmit all or some of this information shall not be grounds for redress or reopening the hearing should the Protest Committee proceed with a hearing under RRS 63.3(b).

- 15.6 The Race Committee will broadcast on VHF Channel 22 at 1030 and 1130 a list of boats disqualified in accordance with SI 2.4. Infringements seen during the Race, or at the finish, may not be broadcast. Boats whose names or sail numbers are broadcast should contact Protest Reception on 01983 248004 to find out how their declaration should be made.
- 15.7 In the event of a postponement, the times of broadcasts made in accordance with SIs 10.1.4, 15.5 and 15.6 may be altered by the Race Committee, and the revised schedule will be notified to competitors on VHF Channel 22. Failure of the Race Committee to transmit all or some of this information shall not be grounds for redress. This changes RRS 62.1(a).
- 15.8 The pre-registered Race Mobile Phone number will be used by the Protest Committee to inform boats of protests that have been lodged against them and times for protest hearings. Competitors should therefore continue to check their Race Mobile Phones for messages for several hours after finishing.
- 15.9 Boats under 12m (40ft) LOA which are the subject of a protest, and which are not intending to enter Cowes Harbour, may temporarily tie up on the eastern side of the centre pontoon (B1, 2 and 3) in the Royal Yacht Squadron yacht haven.

16 DECLARATIONS

- 16.1 Every boat must declare her finishing time by Text Message, in the correct format (see Figure 1), which must be sent from the pre-registered Race Mobile Phone within 30 minutes of her finishing time. Boats that are unable to use their registered phone on Race day should go to the Island Sailing Club Office in order to declare ashore, or use another phone to call 01983 296621.
- 16.2 Except in exceptional circumstances, boats that fail to submit a valid declaration in accordance with SI 16.1 will not be given a finishing position.
- 16.3 Notwithstanding SI 16.1, any boat which has been involved in an incident that may have resulted in contact with another boat, or has used its engine in accordance with SI 3.6, or has accepted a time penalty in accordance with SI 14 or has been informed of a protest under RRS 61.1 or is likely to be a party to a protest, should not declare by Text Message, or ashore, but contact Protest Reception on 01983 248004 when they may be advised to go directly to Cowes Combined Clubs (CCC), Regatta House, Bath Road, Cowes. (see SIs 3.6, 14.3, 15.5 and 15.6.) It is intended that these boats will be reminded of the need to go to the CCC by Text Message.



FIGURE 1: TEXT DECLARATION INSTRUCTIONS

A complete set of instructions regarding SMS text declarations can be downloaded from the race website (http://rtir.me/declarations). Here are the essentials:

- Within 30 minutes of finishing, reply to your welcome message or send a new message to 02380 001 802
- If you finish the race correctly send your finish time, the boat ahead and the boat astern in this format:
 1624 GBR1234T K987
- If you retire from the race, send: RETIRED
- If you do not start the race, send: DNS
- Wait for a response confirming that your declaration has been received.
- If you have not received a response within 10 minutes, your declaration has not been received!
 You must either send your declaration again or call 01983 296621 to report your declaration problem.

17 TRACKING

- 17.1 For safety and race management purposes, boats while racing shall carry, register and use an approved tracking device, which shall be one of the following:
 - a) An AIS transponder. Competitors shall use their best endeavours to ensure that the device is switched on and transmitting at least once every 5 minutes; or
 - b) A compatible mobile device running the Race Tracking App. Competitors shall use their best endeavours to ensure that their boat has one or more such devices onboard and operating (multiple devices are encouraged to ensure compliance with this SI).
- 17.2 Protests for infringement of 17.1 may be brought only by the Race Committee. This changes RRS 60 .1

18 SCORING

18.1 Corrected Time

In sequence from the shortest time after the elapsed time has been multiplied by the relevant time correction factor.

18.2 Elapsed Time

For one-design classes, times will be shown in chronological sequence from the shortest recorded time.

19 RESULTS

The provisional results of the corrected or elapsed times will be posted online and on the electronic results boards at the Island Sailing Club as soon as possible. The final results will ONLY be published on the Round the Island Race website www.roundtheisland.org.uk

20 RECORDS

The Race Committee will ratify separate race records for multihull and monohull boats, based on elapsed time. The current records stand at 2h 23m 23s (multihull) and 3h 43m 5s (monohull).

21 PRIZES

The trophies and prizes listed in Table 2 will be presented at the Island Sailing Club at 1200 noon on Sunday 2nd July 2023. The other winners' trophies as detailed in the Notice of Race will be available for collection from the Race Office.

22 RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states:

"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone,"

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss, to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew; and their boat is adequately insured, with cover of at least £3,000,000 sterling against third party claims

23 RYA CHARTER

Competitors should note that Island Sailing Club events implement the RYA Racing Charter and that competitors are required to sail in compliance with the Charter, which can be found at the front of the RYA rule book (Racing Rules of Sailing 2021-2024) or at www.rya.org.uk/racing/rules/racing-charter (see NoR 17).



TABLE 1: CLASSES, FLAGS and START TIMES

INDEL		SES, FLAGS and STAKT TIMES								
Fleet Start Order	Fleet Flag	Class			ID Flag by entrant)	Cancellation Flag	Warning Signal	'P' Flag	1 Minute Remove 'P'	Start Time
1	Green	Open 60 IRC Group 0 (1.110 and above)	*		T H	IC7		0755	0759	0800
		IRC Group 1 (1.025 to 1.109)	*	None		IC7	0750			
		Class 40		40	Class Flag	IC7				
		Clipper Yachts (Clipper 68, Clipper 70 and Clipper 40 Class Yachts)		CLIPPER EVENTS	Class Flag	IC7				
2	Day-Glo Orange	Multihulls Grand Prix and MOCRA Racing (LOA 9.15m and over)	*	None		IC5		0805	0809	0810
		Multihulls Grand Prix and MOCRA Racing (LOA under 9.15m)	*	X	М	• IC1				
		Multihulls Bridgedeck Catamaran Cruiser (LOA 9.15m and over)			NN8	IC2				
		Multihulls Bridgedeck Catamaran Cruiser (LOA under 9.15m)			NN1	• IC1	0800			
		Diam 24			D	• IC1				
		Gaffers Division 1 - LWL of 28ft and above		X	NN4	IC5				
		Gaffers Division 2 - LWL of 23ft and above, but below 28ft		-	R	IC3				
		Gaffers Division 3 - LWL of less than 23ft			NN9	• IC1				
3	Pink	Sportsboat		×	NN5	• IC1	0810	0815	0819	0820
		J/70			NN7	• IC1				
		Sunsail 41			Class Flag	IC6				
4	Black	ISC Rating System Group 4 (1.018 and above)		None		IC7	0820	0825	0829	0830
	Blue	IRC Group 2 (0.957 to 1.024)	*	None		IC6		0835	0839	0840
5		J/80		1+1	NN0	IC4	0830			
		J/88			NN6	IC4				
6	Silver Grey	IRC Group 3 (0.956 and below)	*	None		IC5	0840	0845	0849	0850
7	Turquoise	ISC Rating System Group 5 (0.990 to 1.017)		None		IC6	0850	0855	0859	0900
8	White	ISC Rating System Group 6 (0.975 to 0.989)		None		IC5		0905	0909	0910
		Classic Racing Yachts racing under ISCRS (LOA 9.6m and over)			K	IC3	0900			
		Classic Racing Yachts racing under ISCRS (LOA under 9.6m)			J	IC2	0900			
		Modern Classic Racing Yachts racing under IRC (LOA of 30ft and over)		-	L	IC3				
9	Day-Glo Green	ISC Rating System Group 7 (0.931 to 0.974)		None		IC4	0910	0915	0919	0920
		Nordic Folkboat			NN2	IC4				
10	Purple	ISC Rating System Group 8 (0.930 and below)		None		IC3	0920	0925	0929	0930

^{*} Extracted results for Double Handed boats will additionally be provided in accordance with NoR 4.8.6

IC = International Code NN = Naval Numeral



TABLE 2: WINNERS' TROPHIES TO BE AWARDED AT THE PRIZE GIVING AT 12 00 NOON ON SUNDAY 2ND JULY 2023

(Other winners' trophies, as detailed in the Notice of Race, will be available for collection from the Race Office)

Line Honours Pri		IRC Rated Classe First boat on corrected		ISC Rating System Classes (cont) First boat on corrected time			
Monohull	Observer Trophy and Salver	Mini Tonner	Kemp Sails Mini Tonner Trophy	X-Yachts	X-Yachts Trophy		
IRC Rated Classes	Conrad Ritblat Trophy Salver and Elliot Brown	J/109	J/109 Trophy and Jack Knights Trophy	Westerly Yachts	Westerly Silver Jubilee Cup		
	Watch	Jeanneau Sun Fast 3200,3300 & 3600	Round the Island Sun Fast Challenge Trophy	Contessa 26 Contessa 32	David Sadler Trophy Contessa Challenge Trophy		
ISCRS Classes Helly Hansen Trophy		Sportsboat	Edward Heath Trophy		3 1 7		
Gaffers	Shamrock Challenge Trophy	British Classic Yacht	BCYC Island Trophy	Other Rated Classes First boat on corrected time			
Multihull Grand Prix & MOCRA Racing	Bowl and and Elliot Brown Watch	Club Yachts Modern Classic		Gaffers - Division 1	Jubilee Trophy		
Classes		Racing Yacht	Spirit Trophy	Gaffers - Division 2	Discovery Trophy		
Classic Racing Yacht	Field Barnacle	Young Skipper	B&G Round the Island Young Sailor Trophy and	Gaffers - Division 3	Foxhound Trophy		
IRC Rated Classe First boat on corrected		J Boats	J Boat Trophy	Multihull Grand Prix	Dean and Reddyhoff Trophy		
First Overall in IRC Class	Gold Roman Bowl Salver and Elliot Brown Watch	Contessa 26	Jeremy Rogers Trophy	Multihull MOCRA Racing	Trifle Trophy		
Second Overall in IRC Class Silver Roman Bowl and Salver		ISC Rating System Classes First boat on corrected time		Multihull Bridgedeck Catamaran Cruiser	HOYA Trophy		
Third Overall in IRC Class	Royal Thames Challenge Trophy and Salver	alver Salver and Salver and		Multihull Overall	Golden Miller Challenge Cup		
Fourth Overall in IRC Class	th Overall in Royal London Challenge		Elliot Brown Watch Fidelis Trophy	Multihull Grand Prix and MOCRA Racing Double Handed	Multihull Double Handed Trophy		
First Double Handed Overall in IRC Class	IRC Double Handed Trophy	Third Overall in ISCRS Class	Geisco Trophy	One Design Classes First boat on elapsed time			
Group 0	Helly Hansen Alive Trophy	Fourth Overall in ISCRS Class	Leonard Bloomfield Trophy	Nordic Folkboat	Red Lion Trophy		
Group 1	Owen Parker Memorial Trophy and divisional prizes	Group 4	Crankshaw Bowl, Salver and divisional prizes	Diam 24	Solent Challenge Cup		
Group i		Group 5	Jimmie Read Memorial Cup	J/80	Will Souter Trophy		
Group 2	Yeoman Challenge Trophy	Gloup 3	and divisional prizes	J/88	Turbo UK Cup		
5.54P =	and divisional prizes	Group 6	Fedalah Challenge Trophy and divisional prizes	Nicholson 32	Halmatic Trophy		
Group 3	Champagne Mumm Challenge Cup and divisional prizes	Group 7	Spread Eagle Trophy and divisional prizes	Sunsail 41.0	Small Luxury Hotels of the World Challenge Cup		
First Overall Team	Methuselah Trophy	Group 8	Trafalgar 200 Trophy and divisional prizes	Class 40	Class 40 Round the Island Race Trophy		
Second Overall Team	Jeroboam Trophy	First Overall Team	Arun Yacht Club Team Challenge Trophy	Open 60	Lombard Marine Finance		
Sailing School Boats	Sailing School Boats John Franks Trophy		Jeroboam Trophy	·	Challenge Trophy		
Chartered Surveyors	Shepherds Trophy	Team Family Crewed	Family Trophy and and	Clipper Yachts	Vaphio Cup		
Civil Engineers	Telford Goblet	Boats	Elliot Brown Watch	Special Race Trophies			
Cape 31	Cape 31 Trophy	Chartered Surveyors	Shepherds Trophy	Tenacity Trophy Awarded to the last boat to finish within the time limit.			
X-Yachts	X-Yachts Trophy	Young Skipper	B&G Round the Island Young Sailor Trophy and				
National Sonata	Sonata Salver		Elliot Brown Watch	International Yachting Fellowship of Rotarians Disabled Trophy			
Beneteau First 40	Dream Yacht Charter First 40 Trophy	Classic Racing Yacht	Renaissance Trophy and Elliot Brown Watch	Awarded to the first boat on corrected time in the ISCRS Class that complies with the eligibility requirements of Notice of Race 4.7.7 and 6.2			
Quarter Tonner	Elephant Trophy	Camper & Nicholson Production Yachts	Camper & Nicholson Cup				



COMPETE & COMPARE

Every boat taking part in the 2023 race is required to register for the live tracking system so that its position in the race can be tracked. As well as keeping the race officials and everyone watching at home up-to-date with progress, the system also gives competitors the opportunity to replay their race after they've finished to see where they gained (or lost) time on their rivals.

Many competitors like to use the tracking system to compare their performance in the race with other boats of the same type (whether they're sailing a Farr 52 or a Hunter Impala) and our upgraded Race



Viewer gives everyone the chance to do that, with one-click access to the tracks of all the boats that match theirs (class or design type). And best of all, this will all work LIVE while taking part or following the race!

Visit the event website at roundtheisland.org.uk to register for tracking and to access the Race Viewer.

RACE TANKARDS

Sailors have our tankards going back many years, they are considered to be a badge of honour for completing the race. If you would like a memento of the 2023 Round the Island Race or want to give your crew a "thank you" then our personalised tankards are the perfect choice.



They come engraved with your boat name, race logo and year and are delivered all for £29.50 each. To order your tankard please complete the form at rtir.me/tankards and return it to admin@islandsc.org.uk.

OFFICIAL RACE CHARITY



Support the Ellen MacArthur Cancer Trust, the Official Race Charity, in their 20th year and help inspire more young people than ever before to believe in a brighter future living through and beyond cancer this summer.

Dame Ellen MacArthur is taking on Round the Island Race in celebration of her charity's 20th birthday. She will take the helm of the Trust's flagship boat Solent Hero, and will be accompanied by 24 young people following their cancer treatment across four yachts.



This year, the charity is launching its #200for20 Birthday Challenge on the day of Round the Island Race, with Dame Ellen encouraging entrants to raise £200 or £20 for the Trust's 20th anniversary. Donations of £20 can be made by texting RACEFORALL to 70460* or visit the JustGiving page '2023 Round the Island Race'.

*Texts will cost the donation amount plus one standard network rate message, and you will be opting into hearing more from the Trust (if you would like to donate but don't wish to hear more, please text RACEFORALLNOINFO instead).

www.justgiving.com/campaign/2023rtir www.ellenmacarthurcancertrust.org

ONLINE PHOTO GALLERY

Whilst we employ professional marine photographer, Paul Wyeth (pwpictures.com) to capture all aspects of the race (see event website for images), participants and spectators are encouraged to record their own unique experiences too.

Our online photo gallery allows anyone to share their pictures of the race with fellow competitors and sailing fans around the world. In 2022 thousands of images were uploaded by people taking part, and many wonderful shots were featured on the Round the Island Race website.

If you'd like to share your pictures of the 2023 race, just select your favourite images and upload them via the website (rtir.me/upload) from the day of the race.

Once they've been approved by the ISC, your pictures will be available for everyone to see - and because each image will be tagged with the name of the boat featured, you'll also be able to see who has captured pictures of your own race around the Island.



COMPETITORS' COMPETITION

We welcome all 2023 race competitors (crew and skippers) to enter our fantastic competition for the chance to win a fantastic prize from the Race Partners and the Island Sailing Club.



Prizes include:

- £1,000 B&G Marine Electronics voucher
- Helly Hansen Skagen Offshore Sailing Jacket and MIZU insulated water bottles
- Elliot Brown Bloxworth Heritage Diver Watch
- Free mooring for a weekend at Cowes Yacht Haven
- Annual subscriptions for Sailing Today with Yachts & Yachting and Classic Boat magazine
- Dinner for four at the Island Sailing Club
- Ellen MacArthur Cancer Trust branded organic tote bags



For more information, Ts & Cs and to enter visit www.roundtheisland. org.uk. Competition only open to 2023 race competitors and entry closes on the 4th July 2023.

RACE DAY TRANSPORT

WATER TAXI SERVICES

COWES WATER TAXIS

Channel 06 tel 07551 431 993

Runs between East and West Cowes and moorings

FOLLY WATERBUS

Channel 77 tel 07974 864 627

Runs between Island Harbour, The Folly Inn and Cowes

ISC LAUNCH

Channel 37A (M)

Runs between the moorings east of the Club and the ISC pontoon. This service will run from 0600 - 2200 on race day and is free.

RED JET CROSSINGS

SATURDAY 1ST JULY (Morning crossings)

Southampton to Cowes

departs: 0640 0715 0750 0825 0900

Cowes to Southampton

departs: 0715 0750 0825 0900 0935

Crossing time is approximately 28 minutes

RED FUNNEL FERRY CROSSINGS

SATURDAY 1ST JULY (Morning crossings)

Southampton to Cowes

departs: 0600 0700 0800 0900 1000

Cowes to Southampton

departs: 0630 0730 0830 0930

Crossing time is approximately 60 minutes

CHELSEA MAGAZINES



Chelsea Magazines, publisher of leading sailing magazine Sailing Today with Yachts & Yachting and Classic Boat Magazine, is proud to be the Official Media Partner of the Round the Island Race.

Competitors are invited to pick up a complimentary copy of the latest issue of Sailing Today with Yachts & Yachting from various distribution points including the Island Sailing Club and the Helly Hansen Cowes store and to take advantage of our special Round the Island Race subscription offer – visit www.chelseamagazines.com/round-the-island-race.

For the latest race news, please visit www.yachtsandyachting.co.uk, see us at Facebook.com/SailingMagazine and follow us on Twitter @ SailingTodayMag.



OFFICIAL RACE VILLAGE AT COWES YACHT HAVEN

The Island Sailing Club is thrilled to welcome back the Official Race Village, in partnership with the Cowes Yacht Haven. It's a great place to enjoy some drinks and food with your crew and other competitiors. It is open from 1700 on Friday 30th until late on Race Day.

The Village is free to enter for all competitors, supporters and race spectators with a large bar and a Food Court, offering a variety of options.

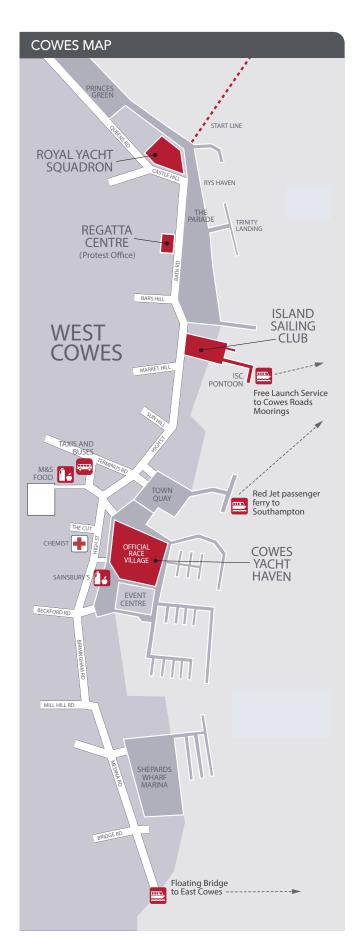


There will also be music from 1800 onwards on the Saturday. Perfect for listening to with a cold beer in your hand!

The Race Sponsors and the Island Sailing Club also have stands in the Race Village, so take a walk around the Village and enjoy the entertainment, games and giveaways.

OPENING TIMES - SOCIAL					
RACE VILLAGE - BARS & FOOD COURT					
FRIDAY	1700 - 2300				
SATURDAY	1000 - 2300				
ISC BAR - AT THE ISLAND SAILING CLUB					
FRIDAY	1100 - 2300 (WEATHER BRIEFING 1800 -1900)				
SATURDAY	1000 - 0000				
ISC DINING ROOM - AT THE ISLAND SAILING CLUB					
FRIDAY	1200 -1600				
SATURDAY	0700 - 2200				
SUNDAY	1330 - 1600 (PRIZEGIVING 1200 -1300)				
SUMMER GA	ARDEN - AT THE ISLAND SAILING CLUB				
FRIDAY	1200 - 2300				
SATURDAY	1200 - 2300				
SUNDAY	1200 - 2300				

To book a table for food in the Dining Room or the Summer Garden please call the ISC on 01983 249434 or 01983 296621.





B&G



B&G is very pleased to be a part of the Round the Island Race for a second year and looking forward to the event where entrants can also win £1000 in B&G vouchers in the Competitors' Competition. B&G is excited to have re-launched its dedicated fortnightly blog series for the race on bandg.com where B&G experts share hints and tips on how best to prepare for the race. New blog articles include advice on data logging with Triton Edge, route planning with your chartplotter, and tides; as well as planning with the B&G App and viewing exclusion zones on your B&G chartplotter.



We were happy to host two webinars in June but don't worry if you missed them, they are both available to download from bandg.com (News Education then Racing section). The first was given by B&G Ambassador Nigel Colley and covered the basics such as preparation and how to ensure you have a great day on the water, while the second, with B&G Aficionado Tom Cheney, was slightly more technical looking at how to get the most out of your electronics.



With all of this happening in the run-up B&G is thrilled to also confirm that Hudson Marine will be offering on-site shoreside support with the B&G event van, providing a health clinic in Mercury Yacht Harbour, Hamble on Wednesday 28th, Thursday 29th and Friday 30th June as well as being onsite at the Race Village in the Cowes Yacht Haven on Saturday 1st July. To book your appointment visit the Hudson Marine booking system, also available through the link on www. hudsonmarine.co.uk.

We look forward to seeing you there – have a great race, fair winds and GOOD LUCK!

www.bandg.com

ELLOT BROWN



Elliot Brown create some of the toughest watches on the planet. Every one designed for professional use in the harshest environments. Inspired by their coastal lifestyles, detailed for today's demanding audience, their watches are designed to go anywhere, do anything.

Long term friends Ian Elliot and Alex Brown share many years of totally unique watch making skills from the world of extreme sport and it's this knowledge that forms the bedrock behind their extraordinarily capable watches



This year, Elliot Brown is delighted to be awarding the winners of eight race categories of Round the Island Race, with one of their Bloxworth Heritage Diver Watches and extending a 20% discount to all competitors. Discount code: RIR@ce20*

www.elliotbrownwatches.com

ISLAND SAILING CLUB RACE MERCHANDISE

This year the Club is also offering Round the Island branded items such as water bottles, neck buffs & Round the Island Limited Edition Wessex Gin as well as the infamous tankards. All fantastic memento or crew gifts.

All items can be ordered directly from the Island Sailing Club website at rtir.me/merchandise or in person at the Sailing Club over race weekend.





HELLY HANSEN



Founded in Norway in 1877, Helly Hansen continues to deliver professional-grade kit that helps people stay and feel alive. Helly Hansen sailing gear is worn by world-class sailors across all five oceans and are proud to partner with Round the Island Race as the Official Race Clothing Partner.

As a sponsor of the event, Helly Hansen has partnered with the RNLI to provide Life Jacket Advisory Clinics ahead of the race. This is the fifth year the two brands have offered this invaluable service to participants before the start of the race. Don't wait until you're in trouble to find out your lifejacket is not working properly.



This year's Lifejacket Clinic will take place at the Helly Hansen Cowes store (121 High St, Cowes, PO31 7AY) on Friday 30th June, between 15:00 and 19:00. Complimenting the initiative, Helly Hansen is also offering participants of the Lifejacket Clinic, an opportunity to enter a competition to win a £100 voucher to redeem at the Helly Hansen Cowes store.



The Official 2023 Race Collection by Helly Hansen is available to order online (via the event website at rtir.me/merchandise and then pay/collect in the Helly Hansen Cowes store) or visit the store and enjoy shopping the wide range of branded kit.

COWES YACHT HAVEN



Cowes Yacht Haven represents the heart of the sailing world in Cowes. Whether you are looking to berth your boat or entertain corporate clients in a unique setting, Cowes Yacht Haven has it all. We are delighted to stage the Official Round the Island Race Village this year, which will be open from 17:00 on Friday 30th June and throughout the day and evening on Saturday 1st July.



Food offerings will include early breakfast, BBQ and Burgers. Enjoy the live bands on Saturday evening. There will be Partner stands – including the B&G Support Truck, Helly Hansen with the RNLI, Ellen MacArthur Cancer Trust and Project Q - all offering fun activities, great product promotions and support for competitors.

www.cowesyachthaven.com

ONE SAILS



A proud supporter of this year's Round the Island Race, OneSails GBR is run by a team of experienced sailors passionate about racing and cruising. With two lofts across the south and east coasts of the UK, OneSails GBR provides sail and cover services to boats ranging from dinghies to superyachts.

Whether you are pottering around or competing at international regattas, OneSails has the in-house expertise to deliver quality service and honest advice based on a lifetime spent on the water.

As independently owned lofts operating within an international group, OneSails benefits from the shared insight, expertise, and new technologies generated within a global network of keen sailors and sail making professionals. This includes OneSails' 4T FORTE™, which is the only fully recyclable sail membrane on the market today.

If you are in need of urgent sail repairs or new sails contact the teams via east@onesails.co.uk or south@onesails.co.uk

A GUIDE TO DECLARATIONS



Our SMS declaration service has become a firm favourite among regular competitors and is now the required way to make your declaration. Whether you're new to the race or just need a reminder on what to do, this document tells you everything you need to know...

DECLARATION INSTRUCTIONS

Within 30 minutes of finishing you should make a declaration by texting this number:

02380 001 802

If you finish the race correctly you need to send a text message containing your finish time (in 24hr format) and the sail numbers of the boat ahead and the boat astern as you crossed the line.

Don't use any punctuation; just put a space between each bit of information like this:

1624 GBR1234T K987

If you can't identify a boat ahead or astern type **UNKNOWN** instead of the sail number.

If you retire from the race, simply text **RETIRED**

If you do not start the race, just text **DNS**

You should wait for a response confirming that your declaration has been received. If this does not happen within 10 minutes you should resend your message. If you are still having difficulty, please call **01983 296 621** to report your problem.

Here are some examples of correct declarations...





and some incorrect ones...





MAKE SURE YOUR PHONE IS REGISTERED

You can only send us your declaration from your registered race mobile phone. If you need to change this number, you must either visit the Update Your Entry page on the official website or call the Island Sailing Club on **01983 296 621** well before the race.

If we don't have the correct number for the mobile you are using, you will not be able to declare.

IF YOU ARE UNABLETO MAKE A TEXT DECLARATION

If you are unable to make a text declaration using your phone, you **must contact us** and make your declaration verbally as soon as possible after finishing.

You can do so in person at the Island Sailing Club in West Cowes or by calling the Club on **01983 296 621**.

Please note that if you are involved in a protest or are accepting an alternative penalty, you must go straight to Cowes Combined Clubs, Regatta House (see the Sailing Instructions for details). If you don't, you may not get a result!

TANKARDS

We've asked everyone who wants one to pre-order their tankard this year so that we can send the items to you by post directly from the production facility. This simplifies our post-race admin and means you won't need (or be able) to collect your tankard in person in Cowes.

TRY IT OUT

The system is available for you to try out from Monday 26th June.

Simply text us a test declaration on **02380 001 802** and wait for a reply to confirm that we received and understood your message.

You'll be sure that your phone is registered correctly with us and you'll have the number in your phone ready for race day.

Round the Island Race 2023

A LAYMAN'S GUIDE TO THE RACING RULES

This guide is not a substitute for the Racing Rules, but aims at explaining your rights and obligations in certain situations and covers the acceptance of penalties and lodging of protests for this event.

By entering the Round the Island Race, which is governed by the Racing Rules of Sailing, you agreed to some basic principles and fundamental rules:

- you agreed to compete in compliance with recognised principles of sportsmanship and fair play
- you agreed that when you break a rule you would promptly take a penalty, which, if you cause serious damage or injury, may be to retire.
- you agreed to accept the penalties imposed by a protest committee and any other action taken under the rules. The rules in this context also include those in the Notice of Race and Sailing Instructions.
- you agreed to give all possible help to any person or vessel in danger. This means that you must stop to help in, for instance, a man overboard situation. You should stand by until the person is either back on his boat or if necessary recover them onto your own boat. Make a note of the length of time that you were forced to stop racing, and when you have finished go to the protest desk at the CCC Regatta Centre and fill in a Request for Redress form. The Protest Chairman will ask you some questions and, if they agree, you will have the time you spent assisting deducted from your elapsed time.
- you agreed to avoid contact with another boat if reasonably possible. It is important to remember that this applies to the right-of-way boat as well as the give-way one.

The Racing Rules are re-issued every 4 years and the new 2021 - 2024 edition (with a few changes) came into force in January 2021. The Rule Book is a daunting read for many people but everyone taking part in the Race should have, at least, read the rules of Part 2 (When Boats Meet).

The Rules of Part 2 apply between you and any other boat in the Race. If you meet a boat that is not racing in the Round the Island Race but is obviously racing in another race, they also apply.

If you meet a boat that is just cruising then the International Regulations for Preventing Collisions at Sea (the Col Regs.) apply - you do not have any rights over them because you are racing. Please be aware that you are likely to meet several boats that are not racing as you go round and, quite apart from your obligations under the rules, you should accord them every courtesy. We all have equal rights of enjoyment on the water and we expect you, as a competitor, to respect these rights.

One of the more difficult aspects of the Race for competitors to come to terms with is the huge diversity of sizes and design types of boats entered. The majority are monohull racing or cruising yachts, of differing sizes, but with similar angles of sail, however, you must also be prepared to meet multihulls and sportsboats which sail at different angles, particularly those with asymmetric spinnakers, and some Classics and Old Gaffers which do not manoeuvre as easily. This means that if you are not sure of exactly how a boat is able to respond you should be very careful when changing course or acquiring right-of-way and make sure that the "room" you give them is adequate in all conditions. "Room - the space a boat needs in the existing conditions, including space to comply with her obligations under the rules of Part 2 and 31, while manoeuvring promptly in a seamanlike way."

Rule 10 On Opposite Tacks (Port and Starboard rule)

"When boats are on opposite tacks, a port-tack boat shall keep clear of a starboard-tack boat." The obligations of the port-tack (give-way) boat are clear but the starboard-tack (right-of-way) boat also has some obligations. In a cross tacking situation you are expected to hold your course, keep a good lookout, and to take avoiding action if it becomes clear that the other boat is not keeping clear. A hail of "starboard" is not required but is helpful. The port-tack boat must remember that, even if she thinks there will not be a collision, but the starboard-tack boat has doubt, changes her course and protests, the starboard-tack boat will very likely win her protest. A port-tack boat in this situation might well be wise to take her yellow flag time penalty.

Rule 11 On the Same Tack, Overlapped (Windward/Leeward rule)]

"When boats are on the same tack and overlapped, a windward boat shall keep clear of a leeward boat." Here the windward boat is the give-way boat and has to keep clear. However, the leeward boat, although she is the right of way boat, cannot change her course without giving the windward boat room to keep clear - so be careful when luffing and watch spinnakers when sailing downwind.

Rule 12 On the Same Tack, Not Overlapped (Clear ahead, Clear astern rule)

"When boats are on the same tack and not overlapped, a boat clear astern shall keep clear of a boat clear ahead." If you are the boat that is clear astern you are the give-way boat and should not sail so close that you might run into the boat clear ahead if she happens to be "stopped" by a wave. Note the words "on the same tack". If the boats are on opposite tacks, the Port and Starboard rule applies, NOT this one.

Rule 20 Room to Tack at an Obstruction

There are several areas of the course (such as Cowes Green and Ryde Sands) where the shoreline, and lack of water depth, becomes a continuing obstruction for boats racing and our competitor feedback tells us that not all of you understand how you should respond when another boat asks for room to tack. When boats are on the same tack on a beat and come to such an obstruction the leeward boat gets to decide which way they are going to pass it. If the leeward boat hails for "Room to Tack" the other boat must give it to her but the leeward boat must give the other boat time to respond before she tacks. If the other boat believes that the call is unjust she cannot just ignore the hail but may reply "You tack" and then give room for the leeward boat to tack and avoid her.

Going Aground and Outside Assistance

If you are unfortunate enough to go aground, perhaps on Ryde Sands, which is a trap for many, then there are some rules you should be aware of. You may get clear by using force from your own crew and any equipment other than a propulsion engine, and then continue racing (rule 42.3 (h)). If, however, you accept a tow from another vessel then this becomes accepting outside help (rule 41) and you must retire. If you use your engine to get clear then this breaks rule 42 and you must retire.

Penalties

Penalty turns do not apply in this event. Make sure you have a yellow penalty flag on board. If you have an incident involving the rules of Part 2 (When Boats Meet) and believe you may have been at fault then, provided you have not caused serious damage or injury, it is wise to take your alternative penalty. This entails displaying your yellow flag straight away, which tells the boat, and others in the Race, that you have infringed and are accepting a penalty (an addition of 2% of your elapsed time) and that they do not need to protest you. Then you must inform the Race Committee as soon as possible (but not before 0930), and go to the CCC Regatta Centre to fill in a special form which must be within two hours of your finishing time. If you believed you were in the right when you were on the water but later decided that you had been at fault then you can still take a slightly higher penalty (5%) ashore after the Race and get a finishing position. If you take neither penalty and find yourself the subject of a protest then, if you were at fault, you will be disqualified from the Race.

If you touch a mark (rule 31) during the Race you should follow the yellow flag instructions above.

Protests

No one likes having to protest but it is important not to allow those who disregard the rules to get away with it.

Make sure you have a red protest flag on board. If you have an incident and believe you are in the right then you must do three things. You must immediately both display your protest flag and hail the word "protest". The protest committee will almost certainly rule your protest invalid if you have to take time to go below to get the flag out of a locker - so have it handy and show it quickly. Then you must inform the Race Committee as soon as possible (but not before 0930) that you intend to lodge a protest. They will broadcast this information by VHF radio so that the other boat knows she is being protested (see Sailing Instructions for transmission times). After the Race, if you intend to go ahead with lodging the protest, you will need to go to the CCC Regatta Centre where you will be guided through the procedure and given a time for the hearing. The written protest must be lodged at the Regatta Centre within two hours of your finishing time.

Enjoy your Race - Please sail safely and responsibly and obey the Racing Rules of Sailing



A GUIDE TO TRACKING



Our popular GPS tracking facility will be in action again this year. If you or your crew have an Android device or iPhone, you'll be able to track your race around the Island. Family and friends will be able to keep up-to-date with your progress and you'll have the opportunity to replay the race after you've finished to see where you gained (or lost) time on your rivals!

DOWNLOAD & REGISTER

To get started, you'll need to load our free tracking app to your mobile device.

For **iPhone** users, just open the App Store on your phone and find and install the **ngTrack** app.

If you're an **Android** user, you'll find the **ngTrack** app on the Google Play store.

Please read the detailed instructions specific to your device at rtir.me/track. There are some important steps that you need to follow for tracking to work properly - particularly on an Android device.

Once you've downloaded the app to your device and adjusted any settings (see above), you'll need your unique registraton code to get up and running. If you're the entrant and you haven't already received your code by email, you can access it on the 'Update Your Entry' page of the official Round the Island Race website. If you're a crew member, just ask the person who made the entry to send it to you.

Then it's simply a matter of entering the registration code and confirming the name of the boat you are racing on. Once this is done you'll be able to run some tests to make sure the tracking is working correctly.

TRY IT OUT

Make sure you test the app before the race to avoid any surprises on race day!

We suggest you start the app before you go for a walk or a drive. When you get home, go to the Race Player page of the official Round the Island Race website at **rtir.me/ livetracking** and load up the Race Player.

Click the "Add Tracked Boat" button, enter your boat name and a little yacht will appear on the map, tracing the journey you have just made (which will look a little strange if you're in the middle of Manchester!) Note that the app will only be logging your position every 5 minutes, so your route won't be mapped in exact detail.

If you can, try out the app on your boat as well. You need to make sure that the phone is on deck at all times and can "see" the satellites in the sky, otherwise the tracking won't work. Putting your phone in a waterproof pocket in your sailing gear will probably produce the best results but it's worth experimenting to establish where on the boat it is most reliably getting a fix from the GPS system.

TRACKING ON RACE DAY

The tracking system is fairly power hungry and for this reason we recommend that you don't try to use your phone for anything except sending tracking data, at least for the duration of the race.

Providing you charge your phone the night before, you should have plenty of power to track your course around the Island and make a few short phone calls, but don't expect to get a full day's extended use out of your device.

Ideally, use a different phone for all your normal communications and register that phone as your 'race mobile' for making your declaration at the end of the race (see overleaf).

The more tracking devices you have on board, the more accurate the track will be, so encourage other crew members to register. You'll also have some backup in case someone forgets to charge their phone before they set off from home!

VIEWING

On the day of the Race, family and friends will be able to see how you're getting on using the Race Player on the official Website at **rtir.me/livetracking**

They can watch the full race as it unfolds using the 'View Entire Fleet" mode, whilst simultaneously following the very popular race blog, which provides live commentary of what's happening out on the water.

The 'Add Tracked Boat' feature also allows ten individual boats to be highlighted as they progress around the 50 nautical mile course.

Tracking will commence from the first start time of 0800 right through to the finish at 2230.

Replay and pause facilities will also be available for those interested in comparing detailed performances.





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of the Round The Island Race 2023 inspiring young people to believe in a brighter future



ellen macarthur cancer trust

For many young people, picking up where they left off before cancer just isn't possible. So, when treatment ends our work begins.

We are thrilled to be the official charity of the Round the Island Race. With this support we can give even more young people the chance to enjoy life-changing sailing and outdoor adventure trips, to meet new friends, and believe in a brigher future.

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I thought I had lost all my ambition, but it has helped me realise my dreams are still there.

We are launching our #200for20 Birthday Challenge on the day of the race, with Dame Ellen encouraging entrants to raise £200 or £20 for the Trust's 20th anniversary. Donations of £20 can be made by texting RACEFORALL to 70460 or go to the JustGiving page '2023 Round the Island'.

Texts will cost the donation amount plus one standard network rate message, and you will be opting into hearing more from the Trust (if you would like to donate but don't wish to hear more, please text RACEFORALLNOINFO instead).



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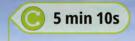








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